I designed this pattern when a lovely friend was being elevated to the Order of the Pelican. In the Middle Ages the pelican was the symbol of service because it was thought that when in need, she would peck her breast to feed her young on her own blood. The red on this pattern shows up like drops of blood on the white cord.

**Disk set up**

Arrange the 8 threads (I used size 3 crochet cotton, but other threads will work) on the disk as indicated by the diagram below. Place each thread in its own slot. The paired threads below sit side by side in adjoining slots.

**Counterweight**

I used a 2.2 ounce counterweight for this cord. The heavier the counterweight you use, the looser the braid and the longer the pattern will be. So I suggest at least 2 ounces of counterweight.

**Working instructions**

Move the threads, step-by-step, as indicated by the braiding diagrams. Remember that 2 threads never occupy the same slot and threads shown next to each other occupy adjoining slots.

Following the direction of the arrows, move threads from the dotted position to the gray position, in the order indicated by the numbers.

Place an X on the bottom tab of your disk. Keep that X toward you at all times while working the pattern.

Keep the tension even as you put each thread in its slot at the end of each move. The threads should lay tightly against the disk, in a straight line from the slot to the center hole. The braid should be centered in the hole, not off to one side. When you return to Step A, adjust the thread tension as needed.

ENJOY!

**Questions or problems? Contact me:**

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This same pattern can be used for any color combination.
It will give a diamond lattice effect with another color peeping out.
Play around and see what colors you like!